News and Views

South Carolina Family and Community Leaders

"Improving the quality of life through fellowship, education and service"



Fall

SCFCL Website: http://www.scfcl.com

2016

Let There Be Peace on Earth





SCFCL now has a <u>Facebook</u> presence. "Click" on the "Find us on Facebook" button at <u>http://www.scfcl.com</u>.

Be sure to "LIKE" us and follow South Carolina Family and Community Leaders to keep up with the latest SCFCL news.

Central District

Aiken, Allendale, Bamberg, Barnwell, Calhoun, Chesterfield,* Darlington,* Fairfield, Kershaw, Lancaster,* Lee, Lexington, Marlboro, Orangeburg, Richland and Sumter

Lancaster County

The Oakridge Homemaker's Club along with their spouses went on a holiday outing December 10, 2015. The group met at Lancer Square in Lancaster, SC. They carpooled to Pineville, NC to ride the Lynx to Charlotte, NC to visit the Epicenter for dinner and a movie.

This trip for some of the group was their first time riding on the Lynx, making the trip full of anticipation and excitement. During the ride and stops, the laughter and conversation never ended as everyone marveled at

the scenic route, as passengers entered and exited the Lynx.

Arriving at the Epicenter the group enjoyed the movie "Creed" and selected from the menu for their dinner. Afterwards, everyone agreed that the trip and weather was fabulous and the experience made for great memories for the group to share in years to come.

As a Community Service project we purchased a bicycle for a child that we selected from our local Angel Tree.

The Oakridge Homemaker's club is still very active with nine members and has been in existence for over 34 years. We are still among the movers and shakers. We look forward to remaining strong in the future.



Members of Oakridge Club in Lancaster County

Calhoun County

The Calhoun County FCL is really on the move! In 2015, we continued our annual events during the Christmas season which included decorating a Christmas tree at the Mental Health Clinic and our Christmas program and dinner for the Calhoun County community.

Our community service efforts during 2015 and continuing in 2016 include:

Making and presenting lap quilts during visits to the sick and shut-in in the community and in nursing homes.

Provided health care and transportation services to the ederly.

Assisted seniors and disabled individuals with absentee voter registration.

Provided Easter baskets to consumers at the Mental Health Clinic.

We also continue our monthly meetings, lessons and demonstrations.

SCFCL Sale Items

SCFCL Pins
NVON Pin\$4.00
SCFCL Brochures\$5.00
SCFCL Handbooks (if mailed \$5.00) \$3.50
SCFCL Cookbooks \$18.00
The Quiet Revolution Book \$5.00
SCFCL Club Secretary Book\$3.00
Make checks payable to: SCFCL

Mail to: Sandra Ross, SCFCL Vice President 1654 Bermuda Road Lake View, SC 29563 (843) 992-4578

shross2114@aol.com

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Lexington County

Lexington County FCL members have been busy in 2016. The Spring Meeting was attended by 28 members and the speaker was Amy Weaver from the South Carolina Dept. of Agriculture. She spoke on "Farm to School and Business" and the importance of "Eating Local – Eating Healthy". At that meeting members brought items for children and youth in Foster Care in Lexington County including diapers. gift cards, and 64 handmade dresses and 20 pairs of shorts for boys. Members contributed \$197.00 for "Water Around the World". Five members from Lexington County attended to Central District Meeting. In April, a craft class was held with 24 attending, called "Fun With Napkins". The Herb Bunch Club held their 5th Annual Herb Festival at the Lexington County Museum and it was a great community event with crafts,



24 members of Lexington County attend the educational tour at the Moore Farms Botanical Gardens in Lake City and the Lake City "Fields of Art".

food, local vendors, and wonderful plants and herbs. The educational tour was attended by 24 and the destination was the Moore Farms Botanical Gardens in Lake City and the Lake City "Fields of Art". It was a fun day with a guided tour of the gardens and a chance to make a SC necklace to finish out the day in Lake City. We look forward to seeing all our FCL friends at the State Meeting.

Orangeburg County

Orangeburg County FCL members have been engaged in a variety of activities which include providing transportation to appointments and grocery shopping for persons unable to drive themselves, visiting nursing homes, assisting 4-H activities, and providing meals, refreshments and Christmas gifts for special needs adults.

At the Fall Council Meeting, Leigh Walker, our 4-H Agent, showed videos and told about the activities of 4-H members in our county and explained how the FCL members could assist them. Our special project for this meeting was to bring blankets, diapers, etc. for Dazz, a program that seeks to help single mothers choose to keep their babies rather than have an abortion. We also brought household cleaning items for the homeless shelter. About fifty percent of our members participated in all these activities in addition to attending local, county, district, and state FCL



Leigh Walker, 4-H Agent, showed videos and told about activities of 4-H members in our county and explained how FCL members could assist.

meetings. Each year OCFCL makes monetary donations to local community and charitable organizations in addition to what is done by local clubs in their area.

Members contributed \$977.00 in completing these activities. Eight of the twelve lessons provided by SCFCL were used by one or more of our local clubs for their monthly meetings. The programs used by most clubs were Healthy Snacking/Eating Fresh Fruits and Vegetables, Simple Things Seniors Can Do To Improve Health, and Heritage Roses.

Richland County

A most unique project came about when county members were collecting, spoons, paper products and linens for Sistercare of the Midlands, a non-profit that provides services and advocacy for survivors of domestic violence and their children.

Bras and panties were added to the list of items needed for women and children in our area. This seemed to strike a spark and so we began a collection of new women's large bras and panties, children's socks and underware both for girls and boys, and the usual items collected every year.

Through the members generosity, over 300 items have been donated toward this project. As usual, we have come through with helping make a difference in the lives of those in need.





Kershaw County

The Kershaw County Family and Community Leaders met at Hall's Restaurant in Lugoff on April 18 for our Spring Kershaw County Council Meeting.

The guest speaker was Katherine Shavo, our new area extension agent for Food Safety and Nutrition, who gave a great presentation on our daily food choices and our eating habits. She emphasized how this can make an important difference in our health including how we look and feel.

Our members collected clothing, socks, underwear, blankets and comforters to be carried to the needy at Freedom Center in Lynch, Kentucky.

Dear Friends:

For your love and concern for me and my family when my husband, Howell Mott Spiller, died, I will ever be grateful. The ninety sympathy cards from FCL members all over the state was so comforting. I received cards from members, county offices, county agents and SCFCL advisors. Thank you everyone. Many of you attended Mott's Memorial Service. I have always known SCFCL members are the best people in South Carolina. It was a privilege for me to serve as your state president 2010-2014 and get to meet members from all over South Carolina.

May we continue to get new members and keep this organization alive.

Helen Spiller

Coastal District

Beaufort, Berkeley,* Charleston, Clarendon, Colleton, Dillon, Dorchester, Florence,*
Georgetown,* Hampton, Horry, Jasper,* Marion,* and Williamsburg

No Coastal District articles were submitted

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Foothills District

Abbeville, Anderson, Cherokee,* Chester, Edgefield,* Greenville, Greenwood, Laurens, McCormick,* Newberry, Oconee, Pickens, Saluda, Spartanburg, Union and York

Chester County

Greetings from Chester County Family and Community Leaders.

We started our year off with new lessons. "Easy Ideas for Door Prizes". January.

"Day Tripping in South Carolina." February." "Growing Tomatoes in Containers." March.

"How to Propagate Plants". April "Food Myth" May" We are made up of seven clubs with sixty three members. Two ladies were recognized for long memberships. Annie Nunnery for 70 years, Margaret Nunnery for 25 years. At our Spring Council Luncheon in April, five new members were welcomed in. Ethel Cusimano, Vicki Cusirnano, Betty Atkinson, & Vicki Vanadore joined North Chester Neighbors, and Iris Coleman joined Edgemoor Club. The luncheon was hosted by Jolly Quilters Club.

We collect change for 4-H at each meeting. Heritage Skills (sewing) are taught in June for boys and girls.



Carolyn Locke, Linda Westbrook Iris Coleman, Vashtie Hamaid, Jean Westbrook, Margaret Brunette, Betty Weaver, Aria Carter, Knelling- Edith Beard and Jim Carter behind the camera.

Daisy Moore of the Ladies Friendship club, with the help of volunteers, collected donations of nonperishable foods and filled 500 bags for the hungry on Make A Difference Day. The Chester County Sheriff deputies, school children (of all ages) & 4-H members helped to distribute the food.

We give scholarships each year, to deserving youth who are children or grandchildren of our members. They can use the scholarship at the college of their choice. Our recipient this year is Liza Wilson, daughter of Mr. & Mrs. Joey Wilson of Lowry's. She plans to attend Clemson in the Fall.

North Chester Neighbors donated \$100 to Mrs. Green's special education class at Chester Middle School.

We traveled to Laurens, S C for our District meeting. Two of our members were asked to show their projects. Vicki Cusernano is an avid crocheter. Vicki showed us how to do the broom stick stitch. This is an old stitch that has come back into use. Makes a beautiful afghan. Carolyn Locke showed the hand made pillowcases she had made for children with cancer. She got the idea from a craft magazine.

Aria & Jim Caarter and Carolyn & Jerry Locke deliver the pillowcases to the Shrine Hospital for Children in Greenville, SC in May. W took thirty three (33) pillow cases to them. They were so appreciative and gave us a tour of the hospital. The pillowcases were made by Three Clubs: Bits of Thread, North Chester Neighbors, and Lewisville Club. The pillowcases will be an on going project and is for children with medical trauma.

Our field trip for this year was wonderful. There were 11 of us. We traveled to Camden, SC. to go through the many antique shops. We had lunch reservations at the Old McCaskill's Farm in Rembert, S.C. It was raining but we never let it stop us. We were not able to tour the working farm, but did tour the home, a bed and breakfast owned by Lee and Kathy McCaskill.

In loving Memory

Evelyn Wilson-Chester County

Ethel Davis-Lexington County



South Carolina Family And Community Leaders

2016 Annual Meeting Registration Form 96th SCFCL Annual Meeting

"Sharing Your SCFCL Story"
October 22, 2016
South Carolina State Farmer's Market at Phillips Market Center, 117 Ballard Ct.
W. Columbia, South Carolina 29172

Please keep a copy for your records, AND please fill out a separate form for each person attending. Please include a self-addressed, stamped envelope or an email address if you wish to receive registration confirmation.

Please print		
Name	Phone_	
Address	County	
City	StateZip	
Email		-
(Check all that apply) Voting DelegateAdvisor	Board MemberState Office Held	
MemberNew Member_	First Time at ConferenceGuest or Non-	Member
Dietary Restrictions		
Registration Deadline OCTOBI	ER 3, 2016. A \$10 late fee will be charged if regist	tration is received after October 3
Conference Registration Fee (incl	luding refreshments, lunch and workshop)	
Members: \$35	Non Members \$40	
Total Amount Submitted	Fees are transferable not refundable	
Make checks payable to SCFCL a Contact Information:	and send with forms to Heather Kennedy, 2163 Poins	settia Ave., Summerville, SC 29486
HEATHER KENNENDY: (843) 607-20	655; Betty Osgood (843) 761-2916 or 437-0762	

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actor many

2016 Annual Conference South Carolina State Farmers Market

The State Farmers Market campus in Columbia houses the Phillips Market Center, Consumer Protection Division, privately owned wholesale businesses, farmer's sheds, Dupre at the Market Restaurant, and additional state managed wholesale facilities and sheds. Consumers can shop year round for fresh produce, specialty products, and artisan items. The peak season for locally grown produce runs from April through early October.

Driving Directions to Phillips Market Center

From Downtown Columbia:

Blossom St/Knox Abbott Dr/Hwy 321 south. After passing under the I-26 overpass, go 2.2 miles. The 5th traffic light is the State Farmers Market entrance on left.

From I-26 West:

Exit 115 onto Hwy 321/21/176 South. Go approximately 2.1 miles. The 4th traffic light is the State Farmers Market entrance on left.

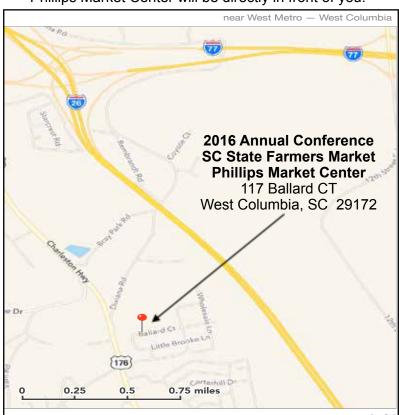
From I-26 East:

Exit 119 toward Dixiana on Hwy 21/176. Go approximately 1.5 miles. Bear right onto Hwy 321/21/176 North. The 1st traffic light is the State Farmers Market entrance on right.

<u> From I-77:</u>

Exit 1 for Gaston/Swansea. At traffic light turn left on Hwy 321/21/176 South. Go approximately 1.8 miles. The 2nd light is the State Farmers Market entrance on left.

After turning into the State Farmer's Market entrance, follow the directional signs to the Phillips Market Center: Take the first road to the left after the guard shack. Turn left at the next stop sign. Take a right at the dead end.



Phillips Market Center will be directly in front of you.

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Laurens County

Laurens County FCL continues to be active with many service projects:

- Donating non-perishable food items and clothing to the Laurens Crisis Center
- Volunteering at the Laurens Crisis Center to bag food that is given to the needy in the county
- Participating in the Labels for Education Program to collect UPC labels and the Box tops for Education program to donate to local schools to purchase supplies
- Recycling metal, plastic, glass and paper products
- Donating to Pennies for Friendship and Nickels for South Carolina Youth
- Collecting soda and soup pull-tabs for the Ronald McDonald House in Greenville
- Donating to the Water Around the World State Project in Common with NVON
- Providing tray favors for the Laurens County Hospital for Christmas and Easter
- Providing tray favors for the Laurens County Memorial Home for Christmas and Easter
- Collecting used stamps to donate to Daughters of the American Revolution Project to sell to stamp collectors to benefit Veterans
- Donating calendars for Youth Ministry Projects
- Donating plastic tops for "Fight Children's Cancer"
- Made "Church Dolls" from a handkerchief for the Laurens County Museum Gift Shop
- Donated money to help a member in need during a medical crisis in family
- Hosted SCFCL Foothills District Meeting with 80 members present

Oconee County

Oconee FCL is made up with six clubs and forty-one members. Clubs meet monthly individually and enjoy using the educational lessons along with their projects and socials. On April 1, 2016 members from all Clubs met for our Spring Council Meeting at Richland Presbyterian Church hosted by Utica, Walhalla and We-Can-Do Clubs. We had 14 members attending and 1 guest. After the devotional and Flag salutes to both the American and State Flags along with the SCFCL Creed our President Beverly Jenkins introduced our guest speaker Mallory Dailey who is Oconee's new 4-H County Agent. The members asked many good questions to which Mallory provided some very informative answers. All members brought food for the lunch which was so enjoyed by all. Jars were on each Clubs table to collect pennies and nickels for SCFCL.

Needed items for several helpful organizations are brought to Spring and Fall Council Meetings



Members of Heirloom Needle Arts prepare tray favors for Laurens County Hospital and Memorial Home.



The attending members shown in this picture (I to r) are Kim Taylor, Ethelin Stancil, Pat Stanseil, Lurenia Goodine, Linda Oliver, Edith Harris, Burice Cleveland, Beverly Jenkins, Ruby Newell, Carla Hedden, Arstellar Moorehead, Guest, and Anna Ruth May. Marie Chatlos not included in picture.

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2016 Annual Meeting Keynote Speaker Betty Buff, SCFCL Board Member Emeritus

Betty Buff became involved with the National Extension Homemaker's Council as a single mother with two small children. Her goal was to gain knowledge of how to manage and run a home. Soon after, she became an active member of the Homemaker's Council and even became an educational project leader for her local club (S.C. Extension). After this, she took leadership positions at local, county, and statewide levels.



Several members of the Associated Country women of the World attending the Country Women's Council September 1994 meeting reached the conclusion that a need was present to connect CWC and ACWW member societies in the United States.

On October 1, 1995 NVON was created. She served as the advisor at the time. She has also served as president of the National Volunteer Outreach Network (NVON) which she helped to organize.

Betty has also played a role in the South Carolina Farm Bureau. She received the highest honor, the Distinguished Service Award, and has made significant contributions to the South Carolina Farm Bureau as through her role on the Lexington County Women's Leadership Committee in addition to other Farm bureau activities. She has served as an advocate for Farm Bureau and agriculture locally, statewide, nationally, and internationally

FALL CENTRAL DISTRICT MEETING

Hostess: Calhoun County FCL

Where: Upper Room 610 Huff Drive St Matthews, 29135

When: Sept 22, Register-9:30 Meeting-10:00 am How much: Registration \$3 Meal \$12 Total \$15.00 Deadline for Registration: Monday, August 15

Payable to: Calhoun County FCL

Mail to: Virginia Michael

2421 Old Bellville Road St Matthews, SC 29135

Bring: One door prize & one \$10 gift card per county

State Officers to be elected in 2016

President-elect (1 year followed by 3 year term)

Vice President (2 year term)

Foothills District Director (3 year term elected at

the Fall District Meeting)

If you are interested in serving this organization, download an Officer Nomination Form from the SCFCL web site then mail completed form to SCFCL President who will forward to the Nomination Committee Chair. Deadline July 1, but since we have had no one submit thieir application, we are still hoping to have someone volunteer by the upcoming District Meetings.

FALL COASTAL DISTRICT MEETING

Hostess: Colleton County FCL **Where:** Dogwood Hills Golf Club

1 Dogwood Lane Walterboro, SC 29488

When: Sept 29, Register-9:30 Meeting-10:00 am How Much: Registration \$3 Meal \$15 Total \$18.00 Deadline for Registration: Saturday, September 17

Payable to: Colleton County FCL

Mail to: Martha Mazyck

1538 Buckhead Road Smoaks, SC 29481

Bring: One door prize & one \$10 gift card per county

FALL FOOTHILLS DISTRICT MEETING

Hostess: Newberry County FCL **Where:** Central Methodist Church

1005 College Street Newberry, SC 29108

When: Sept 26, Register-9:30 Meeting-10:00 am How much: Registration \$3 Meal \$12 Total \$15.00 Deadline for Registration: Saturday, September 17

Payable to: Newberry County FCL Mail to: Mrs. Doriece McMorris 566 Bush River Road Newberry, SC 29108

Bring: One door prize & one \$10 gift card per county



New SCFCL Advisor started in August

Address: Susan Walters

514 Cider Park Drive

Boiling Springs, SC 29316

Phone: 864-909-1437

Email: susanwaltersfood@gmail.com

Sue (Hovey) Walters is a Family & Consumer Sciences Professional with B.S. and M.S. degrees in Home Economics /Food & Nutrition. She has 30 years of work experience as a home economist in the business sector and with the Extension Service.

Sue began working for Clemson Extension in 1999 in Union County. She is a familiar face to many FCL members. She was the Union County FCL Advisor from 1999-2008, and added Spartanburg County FCL Advisor to her duties during that time. She received the Buff-Swicegood Travel-Study Award in 2002. She also gave several workshops at FCL state conferences, including "Function Junction – What's new with blenders and food processors", "The Novice Pastry Chef" and "Sensational Fruits & Vegetables." She presented her travel study report at the FCL state conference in 2002.

During her time with Clemson Extension, Sue won a national award in radio communications from the National Extension Association of Family & Consumer Sciences in 2002 and two regional awards in 2002 (TV and Radio) and one regional award in 2006 (Grace Frysinger Award). She began her work in Union County in 1999 and subsequently worked in the 3-county region of Union, Spartanburg and Cherokee Counties. She also coordinated and taught the state-wide ServSafe® food sanitation classes for restaurant managers from 2006 – 2009.

In 2009 Sue married Ben Walters and moved to Bloomington, Illinois. From 2010-2013 she taught food sanitation classes at Heartland Community College and culinary classes at the Center for Healthy Lifestyles. In 2013 Ben retired from his job after working 33 years for Farm Credit Services, and they moved back to Spartanburg. Since then, Sue and Ben have volunteered for two 3-month stints with Campus Connect in Berlin, Germany. They deliver mobile meals in Spartanburg and serve on the board for Total Ministries.



SCFCL's 4-H Scholarship Recipients

Recipients of the two SCFCL \$500.00 scholarships! Left to right: Carrie Trotter from Saluda, Betty Osgood as representative of the SCFCL, and Ashlyn Whittemore from Charleston, SC. The 4-H award banquet was held July 15th at the Madren Center, Clemson, SC. Ms. Pam Ardern, 4-H state director asked Betty to fill in as SCFCL representative at the Annual 4-H Congress Awards Banquet.



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a message from the **President**

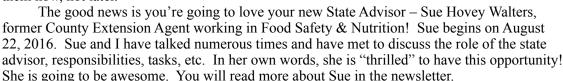
I hope everyone has had a relaxing and fun summer. I know we've all had a very HOT summer, but fall is coming! Plans are underway for the Fall District Meetings. Please plan to attend and find out all the latest news and learn about what's coming up at the Annual Business Meeting and what's in store for 2017.

We will have a big change soon. Our advisor, Lou Robinson, will be leaving to help out with family concerns. Lou will be at the District Meetings, so join me in telling her what a great advisor she has been! She's not leaving SCFCL, she will still be a member, but we will sure miss her at board meetings and we'll miss her wonderful leadership to SCFCL officers and members.

I will see YOU at the fall meetings!

A Letter from SCFCL Advisor Lou Robinson-Retiring

For over 6 years, I have had the privilege of serving as the SCFCL State Advisor. It has indeed been my privilege to serve this wonderful organization. It is time for me to "retire" one more time. August 15, 2016 will be my last day. My decision to leave this position is due to needing to spend more time with my parents. As many of you know, my dad has Alzheimers Disease and recently had to be placed in a nursing home. My momma just turned 86 and is living at home alone for the first time in 68 years of marriage. I need to spend more time with them now, not later.





Thank you, each and every one of you for making me feel welcome and appreciated since the very first day!! It has been an awesome experience. Below I share a few of my thoughts on my time with you.

Inside SCFCL – Experiencing the Goodness

During the years I have served as the SCFCL State Advisor, I have made a few discoveries along the way. Oh, I knew the generic description of FCL because of working as a County Extension Agent. But, I never experienced it personally

FCL takes leadership seriously. At my first board meeting, I witnessed the strength of the SCFCL board members in a time of unexpected transition. The President had resigned due to personal troubles, so the Vice President had to step up and fulfill the duties of the President. That's when I met the red-head from Greenwood, Ms. Helen, who would lead the organization with a fun spirit and a determination to create an environment where all members would recognize their importance, especially as recruiters. It worked!

FCL believes in having fun. Laughter is a part of all meetings – board meetings, district meetings, state conferences and traveling. From sharing jokes, stories, or humorous personal happenings it is always in a joyful spirit of friendship. And some members, Bobbie Earle as an example, are really good at telling funny jokes to get the laughter going.

FCL is service. Either as clubs, as counties, or as members, everyone serves in some way. The county "Show & Tell" times at District Meetings have given more focus on the specific outstanding good work that is going on in every FCL county. It is as varied as the members and the communities. The side benefits of the service work is getting to know members better and having fun times in the process.

FCL is spiritual. Devotions and prayers are offered at each meeting. Blessings are given for meals. Members remember one another in private prayers. Concern is real. Joys are shared. Members are concerned friends. I have personally experienced the uplifting prayers.

FCL is a great partner & advocate. Working with Extension in a variety of partnerships to improve communities and to spread the good news about SCFCL. Serving as 4-H volunteers, working at fairs and assisting in many other ways. And, for a long number of years have been strong advocates of Clemson Cooperative Extension Service and are very successful in this role!

FCL – where you make friends for life!

2016 SCFCL Officers

President

Debbie Calcutt (803) 481-2208 gardener@ftc-i.net

Vice President

Sandra Humphrey-Ross (803) 992-4578 shross2114@aol.com

Secretary

Willie Mae Lewis (803) 470-0745 minlickislc.net

Treasurer

Bobbie Earle (864) 984-4088 bearle@prtcnet.com

Treasurer-elect

Linda Westbrook (803) 789-5838 westcu2truvista.net

2016 Board Members

Central District Director

Pat Breznay (803) 736-6535 pbreznay@sc.rr.com

Coastal District Director

Rosemary Armstead (843) 871-1385 rarms3028@aol.com

Foothills District Director

Jean Westbrook (803) 789-7095 redbarn@truvista.net

State FCL Advisor

Lou Robinson (864) 646-3808 lou2.robinson@gmail.com

NEW State FCL Advisor

Susan Walters (864) 909-1437 susanwaltersfood@gmail.com SCFCL P O Box 264 Laurens, SC 29360 Non-Profit
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Spring News and Views

Counties wishing to contribute articles to the Fall "News and Views" must have their articles to Pat Breznay by January 15. It can either be mailed to: Pat Breznay, 6 Valhalla Court, Columbia, SC 29229-3311 or e-mail to: Pat Breznay-pbreznay@sc.rr.com

<u>Central</u>	<u>Coastal</u>	<u>Foothills</u>
Aiken	Berkeley	Anderson
Allendale	Charleston	Cherokee*
Banrwell	Clarendon	Greenwood
Chesterfield*	Dillon	Newberry
Fairfield	Dorchester	Pickens
Lancaster*	Georgetown*	Saluda
Lee	Hampton	Union
Sumter	Jasper*	

* Counties who are not active

For information about submitting articles visit: http://www.scfcl.com

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